

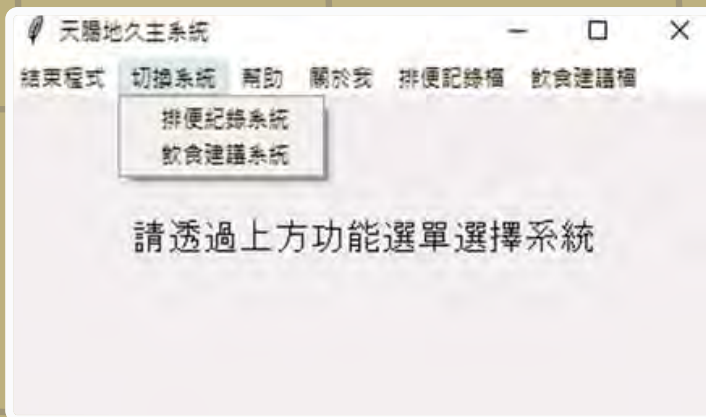
天腸地久-守護你的腸道健康

Project Introduction:

Helps track diet and bathroom habits to stay healthy.

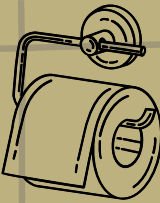


electronic file

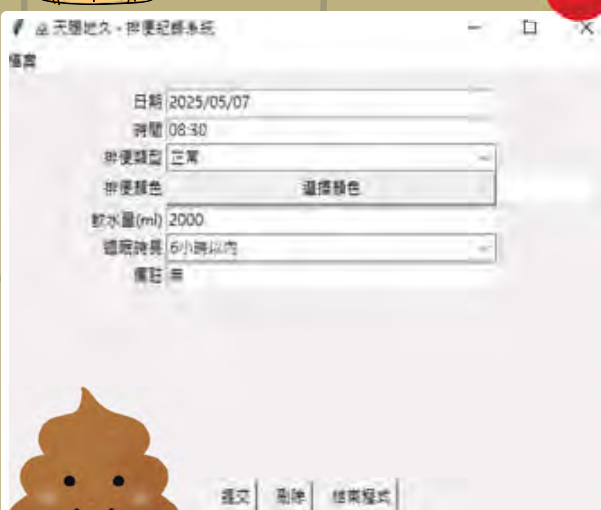


Main Screen:

Offers system switching and basic file operations.



Diet Record System:
Records daily meals and suggestions to help build good eating habits.



Bowel Record:

Logs bowel, water, and sleep for gut health.

